

SHIPPING TO

≡ + ❤ HeartMath.

NEW SENSOR &amp; APP

FOR PERSONAL USE

PROFESSIONALS

SCIENCE

BLOG &amp; EVENTS

SHOP

Free Express Shipping to Canada! All Orders Over \$250 CAD

Peace of Heart. Peace of Mind.

# Black Friday Sale - Save 30%

[Shop The Sale](#)

Free Shipping to Canada on orders over CA\$370.00 CAD



60 Day Money-Back Guarantee



1 Year Technology Warranty

HeartMath® helps you synchronize your heart, brain, and nervous system for less stress and more ease, energy, and well-being.

## Introducing Our Most Advanced Sensor Yet: The Inner Balance™ Coherence Plus



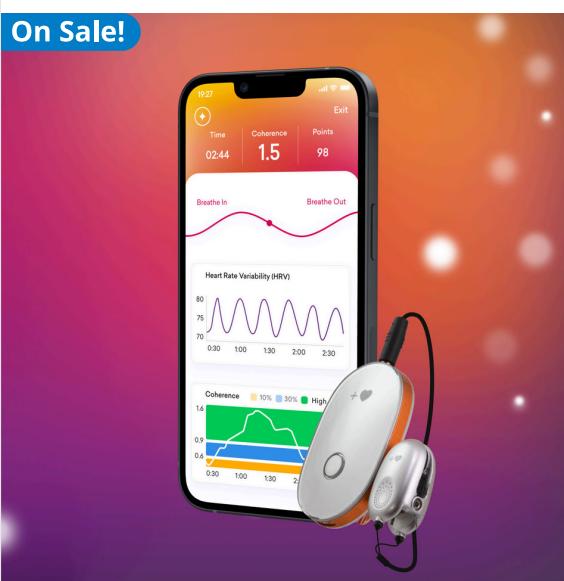
INNER BALANCE  
COHERENCE PLUS

Enjoy **lifetime access** to the HeartMath app with our newest sensor. Practice coherence with real-time HRV feedback and hours of expert-led techniques, journeys, meditations, and heart-based learning for less stress

and more calm. (Limited time offer.)

[Learn More](#)

## Featured Products



**Inner Balance Coherence Plus**

Was: ~~CAS 370.00~~



**Inner Balance Lightning for iPhone**

Was: ~~CAS 265.00~~



**emWave2®**

Was: ~~CAS 340.00~~

# Online Certification Programs

for

## Health Professionals

Designed for doctors, nurses, psychologists, therapists, counselors, and social workers

[Learn More](#)

## Coaches

Learn to teach the HeartMath System in one-on-one and small group settings

[Learn More](#)

## Trainers

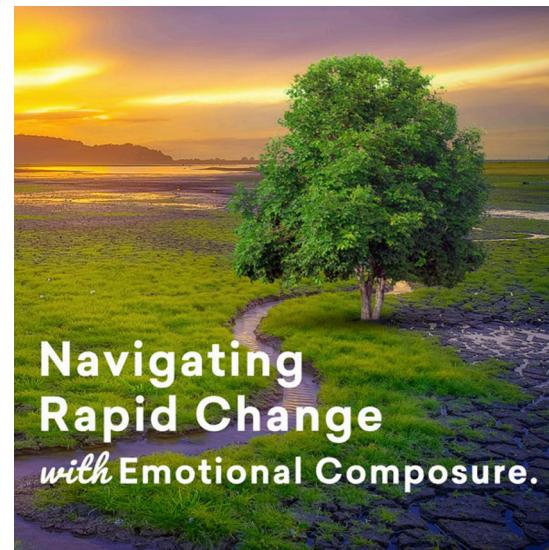
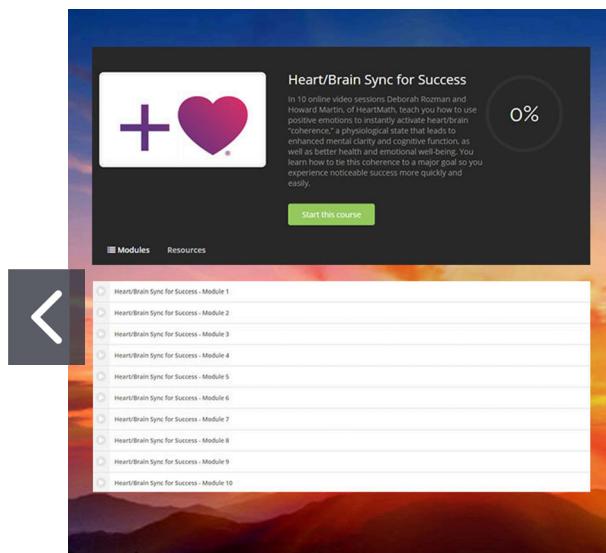
Designed for those who work with teams or groups seeking new ways of working

[Learn More](#)

**Check Out All of Our Certifications Here →**

# Personal Training Programs

Personal training programs for individuals seeking solutions for relieving stress and anxiety, improving health and wellness, enhancing spirituality, and improving your performance.



**Heart/Brain Sync for Success**  
CA\$205.00

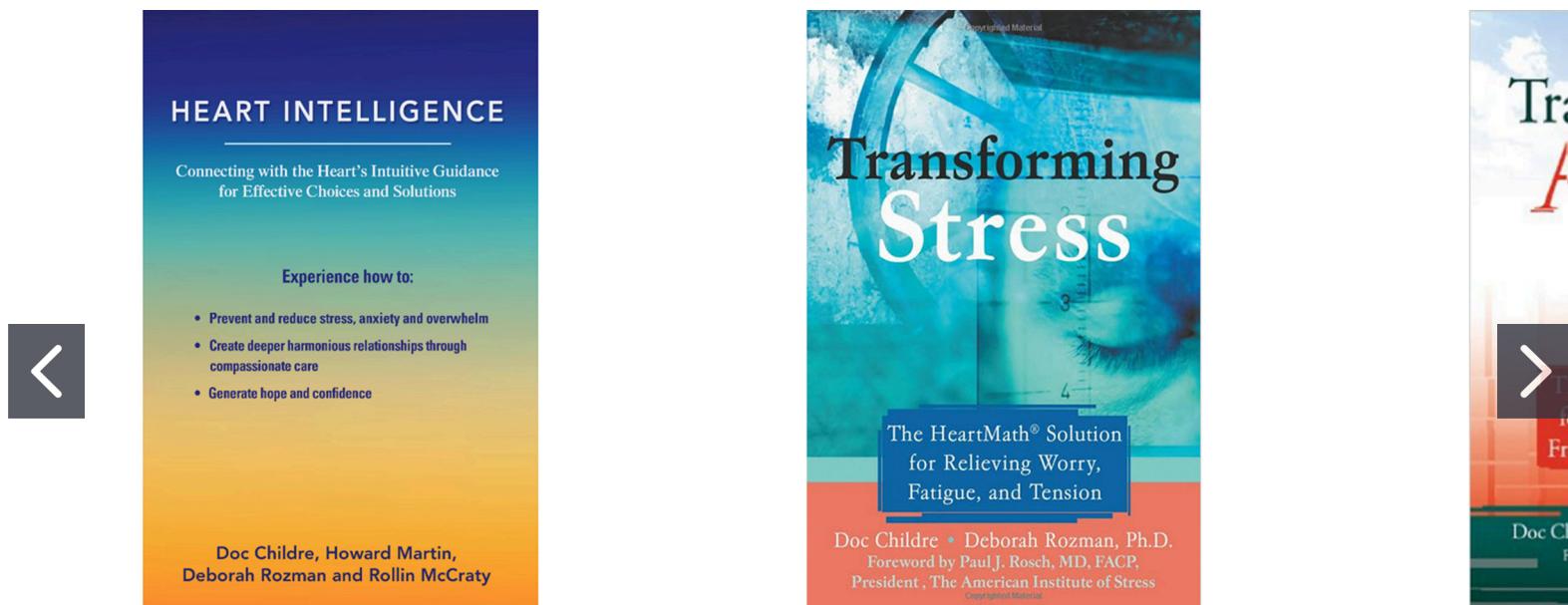
**Navigating Rapid Change  
with Emotional Composure**  
CA\$52.00

Add Ho

**Check Out All of Our Individual Training Programs Here →**

# Books

Browse our selection of **books** authored by HeartMath professionals. Read about a variety of topics providing guidance in applying HeartMath tools in your life.



**Heart Intelligence:  
Connecting with the Heart's  
Intuitive Guidance for  
Effective Choices and  
Solutions New Edition**

CA\$16.00

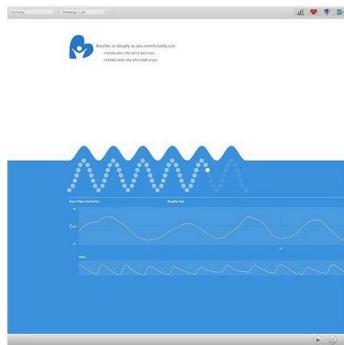
**Transforming Stress**  
CA\$17.00

Trans

Check Out All of Our Books Here →

## Browse by Category

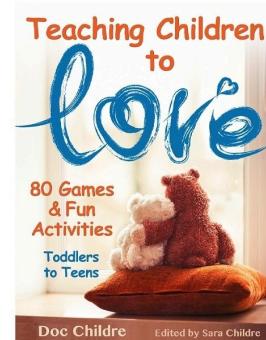
Discover new products and accessories in our product category section



emWave



Games



Children



Accessories



THE WALL STREET  
JOURNAL.



Forbes



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