

SHIPPING TO

  HeartMath.

NEW SENSOR &amp; APP

FOR PERSONAL USE

PROFESSIONALS

SCIENCE

BLOG &amp; EVENTS

SHOP

Free Express Shipping to Canada! All Orders Over \$250 CAD

Peace of Heart. Peace of Mind.

# Black Friday Sale - Save 30%

[Shop The Sale](#)

Free Shipping to Canada on orders over CA\$370.00 CAD



60 Day Money-Back Guarantee



1 Year Technology Warranty

HeartMath® helps you synchronize your heart, brain, and nervous system for less stress and more ease, energy, and well-being.

Introducing Our Most Advanced Sensor Yet:  
**The Inner Balance™ Coherence Plus**



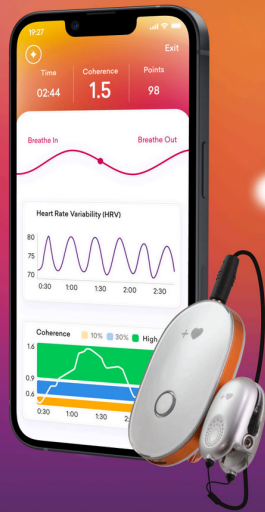
Enjoy **lifetime access** to the HeartMath app with our newest sensor. Practice coherence with real-time HRV feedback and hours of expert-led techniques, journeys, meditations, and heart-based learning for less stress

and more calm. (Limited time offer.)

Learn More

## Featured Products

On Sale!



Inner Balance Coherence  
Plus

Was: ~~CA\$370.00~~

On Sale!



Inner Balance Lightning for  
iPhone

Was: ~~CA\$265.00~~

On Sale!



emWave2®

Was: ~~CA\$340.00~~

# Online Certification Programs

for

## Health Professionals

Designed for doctors, nurses, psychologists, therapists, counselors, and social workers



[Learn More](#)

## Coaches

Learn to teach the HeartMath System in one-on-one and small group settings



[Learn More](#)

## Trainers

Designed for those who work with teams or groups seeking new ways of working



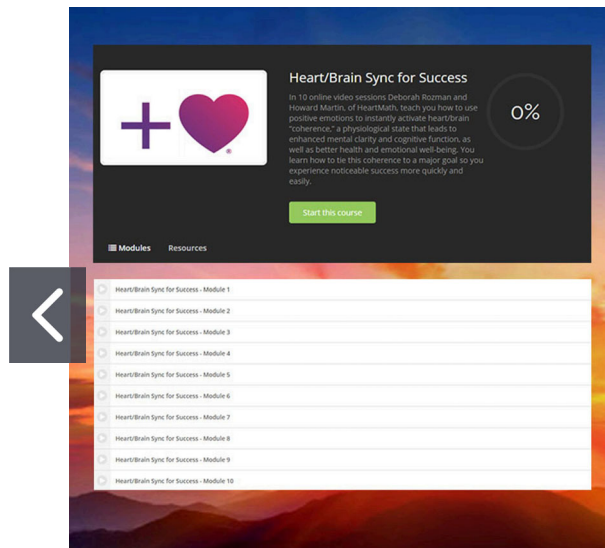
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[Check Out All of Our Certifications Here →](#)

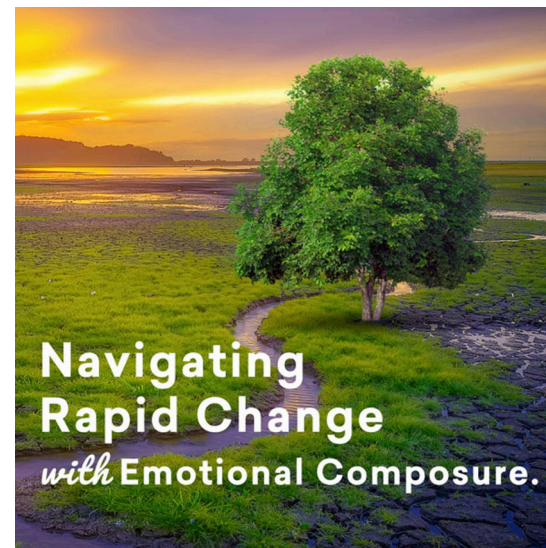


# Personal Training Programs

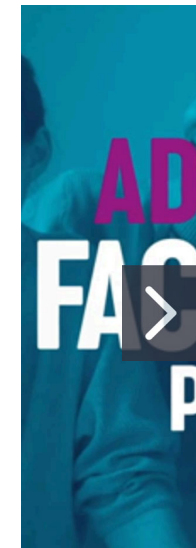
Personal training programs for individuals seeking solutions for relieving stress and anxiety, improving health and wellness, enhancing spirituality, and improving your performance.



**Heart/Brain Sync for Success**  
CA\$205.00



**Navigating Rapid Change  
with Emotional Composure**  
CA\$52.00

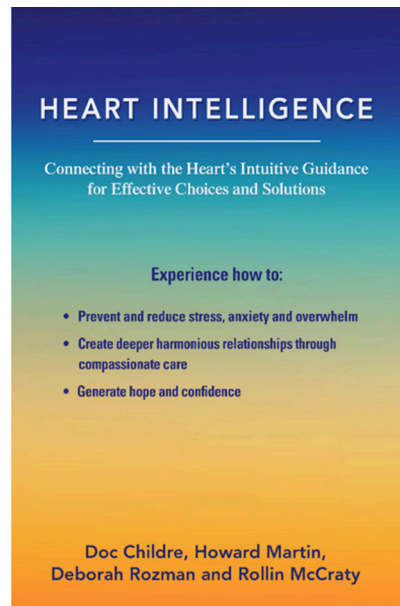


**Add H**

**Check Out All of Our Individual Training Programs Here →**

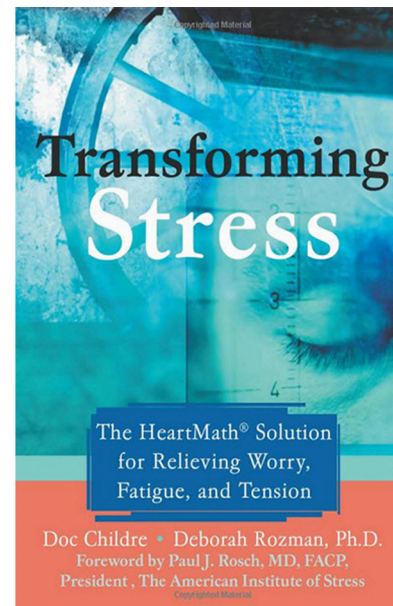
# Books

Browse our selection of **books** authored by HeartMath professionals. Read about a variety of topics providing guidance in applying HeartMath tools in your life.



## Heart Intelligence: Connecting with the Heart's Intuitive Guidance for Effective Choices and Solutions New Edition

CA\$16.00



## Transforming Stress

CA\$17.00

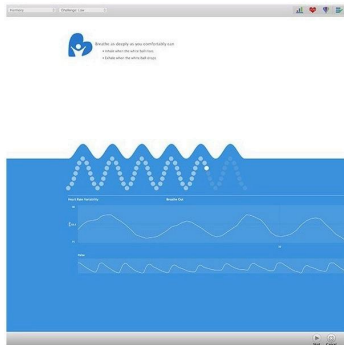


## Trans

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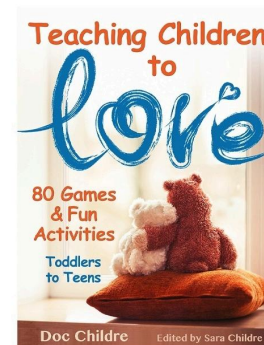
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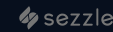


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